



NBYC Hospice One Design Regatta Sailing Instructions September 21, 2008

Rules: This regatta will be governed by the Racing Rules of Sailing 2004 – 2008, the Notice of Race, applicable One-Design Class Rules and these Sailing Instructions.

Participants **MUST** wear an approved and properly fastened life jacket at all times when on the water.

Classes: Optimist, Laser, Laser Radial, Club 420

Number of Races: The race committee will run as many races as it can within the time limits stated in the Schedule of Races. There will be **NO** throw-outs.

Schedule of Races:

9:00 AM	Registration
10:00 AM	Skipper's Meeting
11:00 AM	First Start

No race will be started later than 3:30 PM

Courses: Courses will be posted on the committee boat and/or announced by hailer with letters indicating the courses as shown on attached.

Leave all marks to Port. The start/finish line may **NOT** be crossed except when starting or finishing. Failure to stay clear shall result in DSQ for that race for infringing boat.

Marks: Course marks will be yellow, orange or red inflatable marks.

Safety: All boats **MUST** check in with the race committee boat once the committee boat is on station by passing astern on starboard tack, hailing your sail number and receiving acknowledgement by the race committee.

If any competitor leaves the racing area prior to the end of racing they shall notify the race committee or a support boat before retiring.

Start / Finish: The start / finish will be between a mast (pole) on the committee boat bearing an orange flag and the course side of the inflatable starting mark.

The starting signals will be 3 Minute Sound Signals as per RRS Appendix Q.

Recalls: Individual Recalls due to OCS will be signaled by sounding a single horn and hoisting code flag X. The race committee will attempt to hail OCS boats but each boat is responsible for starting properly.

General Recalls will be signaled by two horns and hoisting code flag First Substitute.

If Rule 30.1 ('around the ends rule') is to be used code flag I will be hoisted with or prior to the warning signal.

Abandonment: Any race to be abandoned will be signaled by 3 sound signals and hoisting code flag N.

Time Limit: The first boat to finish in any race must finish within 90 minutes or that race will be abandoned. Any boat that fails to finish within 30 minutes of the first boat to finish in a given race will be scored DNF.

Protests: In addition to following all other RRS regarding protests, a protesting boat must notify the race committee boat immediately after clearing the finish line. Protests must be filed with a race committee representative at the club office no later than 30 minutes after the committee boat has docked.

Scoring: Scoring will be Low Point as per RRS Appendix A except there will be **NO** throw outs.

Prizes: Prizes will be awarded to each boat placing first, second and third in each class and class division.